Socioeconomic disparities in school absenteeism after the first wave of COVID-19 school closures in Scotland

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Background

School attendance is crucial for children's educational attainment (e.g., Ansari & Pianta, 2019), particularly for children from lower socioeconomic backgrounds (Ready, 2010). During the Covid-19 school closures, socioeconomic inequalities in engagement with home learning have exacerbated (Andrew et al., 2020; Kuhfeld et al., 2020; The DELVE Initiative, 2020), which likely led to an increase in disparities in educational achievement (Engzell, Frey & Verhagen, 2020). To reduce further learning loss and mitigate socioeconomic gaps in achievement and wellbeing for all children, governments around the world reopened schools immediately after the first wave of Covid-19 pandemic (Scottish Government, 2020a&b; DFE, 2020; Bryant, Dorn, Hall, & Panier, 2020; Barton & Parekh, 2020).

In Scotland, a key approach to reopening schools required that children self-isolate if they test positive for Covid-19, show any symptoms of Covid-19, or have a close family member who tests positive for the virus (Scottish Government, 2020b; NHS Test and Protect, 2020). However, findings from Covid-19 infection rates across subgroups show that individuals living in socioeconomically deprived areas are more likely to be exposed to the virus than individuals in less deprived areas (Public Health Scotland, 2020; Lone et al., 2020; National Records of Scotland, 2021). Children from lower socioeconomic backgrounds are therefore likely to be at a higher risk of infection, self-isolating from school and missing a greater proportion of school because of Covid-19-related reasons. This, in addition to preexisting socioeconomic gaps in school absenteeism (Klein, Sosu & Dare, 2020; Klein, Goodfellow, Dare & Sosu, 2020), will exacerbate socioeconomic inequalities in educational achievement (Sosu & Ellis, 2014). Hence, Covid-19 may not only have increased socioeconomic achievement gaps during lockdown but may continue to do so via school attendance disparities when schools reopened.

In our previous research brief on socioeconomic differences in school attendance (Klein, Goodfellow, Dare & Sosu, 2020), we called for monitoring socioeconomic inequalities in school attendance after the Covid-19-related school closures. Although a UK-wide report indicates that initial school attendance in Scotland after school reopening was comparatively high (Sibieta, 2020), there may be socioeconomic disparities in school attendance after the first Covid-19 lockdown.

This report examines trends in school attendance in Scotland following school reopening and investigates whether there are socioeconomic differences in school absences due to Covid-19-related and non-Covid-19 reasons.
Data
For this research brief, we used administrative data on daily school attendance in Scotland after the school lockdown from 17th August 2020 to 4th December 2020 (last access date: 11th December 2020). In their Covid-19 weekly updates, the Scottish Government also reports school attendance data by pupil characteristics (https://public.tableau.com/prof/sgeas.learninganalysis#!/vizhome/COVID19-SchoolsandChildcareInformation/Introduction). The percentage of pupils attending school relates to the total number of possible attendances. The data allow us to differentiate between absences due to Covid-19-reasons and absences due to non-Covid-19-related reasons. Socioeconomic information was measured using Scottish Index of Multiple Deprivation (SIMD) quintiles with SIMD 1 representing children from 20% of the most deprived areas in Scotland and SIMD 5 children from 20% of the most affluent areas.

To compare school absenteeism trends with previous years, we used biennial yearly attendance rates from 2006/07 to 2018/19 (https://www.gov.scot/publications/school-attendance-and-absence-statistics/). Attendance rates by SIMD were only available from 2012/13.

There are three key caveats for interpreting the findings. First, daily attendance data were only available after the first Covid-19-related school closures, and comparable data do not exist before the first lockdown. Second, for previous years, data are only publicly available as yearly averages and biennially. Since our post-lockdown data covers school attendance only after the summer holidays, it is strictly not comparable to previous annual attendance rates. As a result, while data inclusion of earlier years helps examine trends, care is needed when concluding. Third, the analysis presented includes attendance data for both primary and secondary pupils because attendance by SIMD was only available for primary and secondary students combined. Therefore, it is impossible to examine trends in socioeconomic disparities in school attendance separately for primary and secondary pupils.

Findings

Overall, Covid-19-related and Non-Covid-19 school absenteeism
Trends in overall school absences (Figure 1) indicate that the rate of absence after the first wave of Covid-19 school closures (average 9.4%) was higher than in previous years (average 6.7%). Fluctuations characterised school absenteeism trends throughout the period with increased absenteeism in the later part of the school term. Interestingly, the school absence rate was substantially lower in the first week of school reopening than previous years (4.6%). An initial increase in absences during week two and three after reopening may be due to a cautious approach adopted by schools during the first three weeks in interpreting government’s guidance that “people who are ill stay at home” (Scottish Government 2020a, p.6).

The decomposition of overall absences post-school closures by Covid-19-related (average 2.8%) and non-Covid-19 reasons (average 6.6%) in Figure 2 suggests that the observed increase in overall school absences was due to Covid-19-related reasons. While constant fluctuations were observed in non-Covid-19-related school absences that are roughly at the same rate as in previous years, there was a steady increase in Covid-19-related absences after the initial decrease from the peak in weeks two and three (albeit with a slight reduction in the last weeks). In other words, Covid-19 exacerbated school absenteeism rates for children in primary and secondary schools in Scotland.
Covid-19-related and non-Covid-19 absenteeism by socioeconomic characteristics

There were socioeconomic differences in school absenteeism due to Covid-19-related and non-Covid-19 reasons (Figure 3). While the extent of socioeconomic disparities in absences due to non-Covid-19 reasons (right-hand graph) fluctuated post-lockdown (SIMD 1 average = 9.8%, SIMD 5 average = 3.9%, difference 5.9 percentage points), inequalities in absences due to Covid-19-related reasons became stronger over time. For Covid-19-related reasons, socioeconomic differences in absence rates from August until the end of October (SIMD 1 average = 3.1%, SIMD 5 average = 1.6%, difference 1.5 percentage points), grew stronger from the beginning of November (SIMD 1 average = 5.8%, SIMD 5 average = 2.9%, difference 2.9 percentage points). The risk for students from the most deprived areas to miss school due to Covid-19-related reasons was twice as high as for students from the least deprived areas in this period.

To examine whether socioeconomic disparities in school absences after the first lockdown differ from previous years, we drew a comparison with earlier data. Figure 4 shows absence rates by SIMD 1 and SIMD 5 pre- and post-school closures and the risk difference in absences between students from the most (SIMD 1) and least deprived quintile (SIMD 5).

The figure’s upper graph illustrates that absences increased for both groups post-school closures but that the increase was much stronger for disadvantaged students (SIMD 1). Accordingly, the risk difference (lower graph) increased substantially between 2018/19 (4.9 percentage points) and the observation period post-lockdown (average 7.8 percentage points). As expected, a socioeconomic gap in absences due to Covid-19-related reasons contributes to this increase in inequalities in overall absences. However, the lower graph also illustrates a rise in the risk difference between students living in deprived areas (SIMD 1) and non-deprived areas (SIMD 5) due to non-Covid-19 reasons post-school closures. In other words, the increase in inequalities in overall absences is due to socioeconomic disparities in Covid-19-related absences and an increase in disparities in “conventional” absences. Interestingly, increasing disparities due to non-Covid-19 reasons compared to previous years are due to an increase in absence rates among students in SIMD 1 and a decreased absence rates among students in SIMD 5.
Conclusion and implications

We examined trends in school attendance in Scotland after the first wave of Covid-19 school closures and investigated whether there were socioeconomic disparities in school absences due to Covid-19-related and non-Covid-19 reasons. Our findings indicate that overall absence rate after the first wave of lockdown was about 2.7 percentage points higher than in previous years. This increase was mainly due to Covid-19 related absences. Non-Covid-19 absence rates were similar to those in previous years.

Consistent with our expectations, there were socioeconomic inequalities in both Covid-19-related and non-Covid-19 school absenteeism. The disproportionate health impact of Covid-19 on those from disadvantaged backgrounds (e.g., Lone et al., 2020), and unequal impact on children's learning and wellbeing during the lockdown (e.g., Andrew et al., 2020) extends to inequalities in school attendance after the lockdown.

Socioeconomic disparities in school absenteeism post-lockdown were stronger than in previous years. This is not surprising given the socioeconomic inequalities in absences due to Covid-19. However, socioeconomic differences in absence rates also increased for non-Covid-19 reasons compared to previous years. This was due to a somewhat higher non-Covid-19-related absenteeism among students in the most deprived areas and lower absenteeism among students in the most affluent areas. Hence, the latter attended school more regularly after lockdown than they did in previous years.

From the above presented evidence, we can conclude that the education of children from disadvantaged backgrounds did not only suffer during school lockdown but was also adversely affected through more frequent school absences after the lockdown. Given the detrimental impact of school absenteeism for academic achievement (e.g., Gottfried, 2010), the consequences for inequalities in educational achievement from these patterns of findings are likely to be huge. Addressing the disproportionate short- and long-term impact of the pandemic on the most vulnerable children needs to be at the forefront of the education policy agenda. Long-term policies that mitigate the detrimental impact of Covid-19 on socioeconomic inequalities in educational attainment are needed.

When finalising this report, the reopening of schools in Scotland and the rest of the UK was postponed due to increases in Covid-19 infections. This new lockdown may again exacerbate socioeconomic inequalities in learning and further alienate children from lower socioeconomic backgrounds from schooling. There is a need to closely monitor both disparities in children's learning during this period and post-lockdown absences. Notably, the robust evaluation of policy interventions to help mitigate educational inequalities arising from Covid-19 is required. This will also provide insights on the effectiveness of interventions put in place and the extent to which it mitigates growing Covid-19-related socioeconomic inequalities in learning and achievement.

Key Points

- Student absences after the first wave of Covid-19 school closures were higher than in previous years
- Higher rates of absenteeism after school lockdown were due to COVID-19 related reasons
- Overall, non-Covid-19-related absence rates are similar to trends observed in earlier years
- Socioeconomic inequalities in school absenteeism were higher post-lockdown than in previous years
- This increase can be attributed to rising disparities in school absenteeism due to Covid-19-related and non-Covid-19 reasons
- The rise in socioeconomic inequality in non-Covid-19-related absenteeism was not only due to higher absence rates among students from the most deprived areas but also due to lower absence rates among students from the least deprived areas
- Addressing the disproportionate short- and long-term impact of the pandemic on the most vulnerable children needs to be at the forefront of policy agenda
- We need greater monitoring and evaluation of
  - inequalities in home learning during the second round of school closures
  - inequalities in academic achievement after school reopening
  - policy interventions designed to mitigate the consequences of Covid-19 on achievement gaps.

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