Rapid colorimetric lactoferrin-based sandwich immunoassay on cotton swabs for the detection of foodborne pathogenic bacteria

Saleh Alamer\textsuperscript{a,b}, Shimaa Eissa\textsuperscript{b}, Raja Chinnappan\textsuperscript{b}, Paul Herron\textsuperscript{a}, Mohammed Zourob\textsuperscript{b,c,*}

\textsuperscript{a} Strathclyde Institute of Pharmacy and Biomedical Sciences, University of Strathclyde, 161 Cathedral Street, Glasgow, G4 0RE, United Kingdom.

\textsuperscript{b} Department of Chemistry, Alfaisal University, Al Zahrawi Street, Al Maather, Al Takhassusi Rd, Riyadh 11533, Saudi Arabia.

\textsuperscript{c} King Faisal Specialist Hospital and Research Center, Zahrawi Street, Al Maather, Riyadh 12713, Saudi Arabia.

\*Corresponding author:

E-mail: mzourob@alfaisal.edu
Abstract

Cotton swab is the conventional swabbing tool that is usually applied for collecting pathogens from contaminated surfaces, followed by cells lysis and genes extraction before subjecting to analysis. However, this way is time consuming and requires several steps and highly trained personnel. We present here a new cotton swab-based detection system integrating the bacteria collecting, preconcentration and detection on the Q-tips. The platform is based on a sandwich assay that can detect different pathogens visually by color change. Lactoferrin-immobilized cotton is used as a general capturing tool to collect various pathogens from surfaces. The presence of particular bacteria is then detected by immersing the cotton in antibodies attached to different coloured nanobeads. The target cell is captured between the lactoferrin and specific antibody-conjugated beads which results in certain color development. The effectiveness of this simply fabricated sensor was demonstrated using *Salmonella typhimurium*, *Salmonella enteritidis*, *Staphylococcus aureus* and *Campylobacter jejuni*. The intensity of the color on the cotton surfaces increased with increasing the concentration of the pathogenic bacteria. The detection limit was as low as 10 cfu/ml for *Salmonella typhimurium* and *Campylobacter jejuni*, 100 cfu/ml for *Salmonella enteritidis* and 100 cfu/ml for *Staphylococcus aureus* on chicken meat surface. Moreover, this method showed high selectivity and is further confirmed by loop-mediated isothermal amplification (LAMP) method. The simplicity and the low cost of this colorimetric sensor render it applicable to a wide range of other pathogens on different surfaces.
1. Introduction

Microorganisms such as bacteria, virus and fungi are found everywhere in the environment. These pathogenic microorganisms can cause human foodborne illness due to the ingestion of contaminated food or water [1]. In recent years, foodborne diseases are considered among the important public health problems in both developed and developing countries [2-5]. Outbreaks due to various foodborne pathogenic bacteria were recently reviewed in few reports [1-2, 4, 6].

*Salmonella* can be transmitted to human through poultry products such as chicken meat and eggs [7-8]. *Staphylococcus aureus* (*Sa*) is a potentially pathogenic bacteria responsible for food poisoning, frequently found in the contaminated foods such as raw or semi cooked meats, dairy products and ready-to-eat foods [9-10]. *Campylobacter jejuni* (*Cj*) plays a major role in bacterial diarrhoeal disease worldwide [11-12].

Due to the widespread of street foods, contaminated drinking water and preparation of ready-to-eat foods without proper safety, detection of foodborne pathogens is highly important to protect the consumers. Therefore, several conventional sensitive methods have been developed for the detection of foodborne pathogens. However, these methods are time consuming, require well experienced technicians and expensive. In order to protect the public health, the diseases spread has to be controlled, therefore, there is a demand for rapid and sensitive alternative methods. Several advanced methods have been developed based on various principles [1, 13-14]. Enzyme-linked immunosorbent assay (ELISA) is one of the detection methods. However, ELISA suffers from the high-cost of the antibody production, pre-processing and long analysis time [15]. Polymerase chain reaction (PCR) is widely used for the detection of pathogens using specific primers. Real-time PCR (RT-PCR) is used for the quantitative detection of pathogens using DNA intercalating fluorescent dyes [1, 12]. Multiplexed-PCR (mPCR) approach is used for the detection
of more than one pathogen simultaneously [12, 15-16]. Chen et al. have detected five pathogens simultaneously using the mPCR [17]. In addition to these methods, more sophisticated analytical methods such as liquid/gas chromatography coupled with mass spectrometry have been used for the analysis of pathogens. Despite that these methods are relatively sensitive and accurate, they cannot be used for point-of-care on-site pathogen detection and also very expensive.

Cotton swabs are widely applied for recovering pathogens from contaminated surfaces. This is usually followed by vortexing to release the pathogens in extraction buffer. After extraction the sample are then subjected to culturing or any other analysis technique. In this work, we aimed to exploit cotton swab for both sample collection and as a supporting matrix for the sensor. This would minimize the number of analysis steps and reduce the cost of the assay.

Lactoferrin (LF) is a globular glycoproteins. It binds to iron, DNA, RNA, polysaccharides, heparin, bacteria, proteins and viruses. Lactoferrin is mainly produced from saliva, milk and exocrine secretions [18]. High concentration of LF can be found in human colostrum. Number of studies referred to the ability of LF to bind most of the bacterial cells [19-21]. Some of these studies suggested that the binding between LF and bacteria is attributed to electrostatic interaction between LF molecule and bacterial cells [22]. Herein, taking advantage of the binding of LF to bacterial cells, we used LF as a general capturing agent for collecting various pathogens from the samples. Compared with antibodies, the use of LF in immunoassay can offer several advantages. Particularly, LF can be easily extracted in a low-cost compared with the long and expensive procedure of antibodies production.

A simple, versatile, portable, rapid and highly sensitive colorimetric immunoassay for bacteria detection is reported. The proposed sensor consists of a cotton swab-based sandwich LF-immunoassay. Lactoferrin-immobilized cotton swab is used to preconcentrate the bacteria cells
from the chicken. Specific antibody coupled with colored nanopolymer beads were then used for the colour development. Different colours were used as indicator of the presence of various bacteria strains.

2. Experimental section

2.1 Materials and Reagents

Sodium periodate (NaIO₄), phosphate buffer saline (PBS), Bovine serum albumin (BSA), 1-ethyl-(3-dimethylaminopropyl) carbodiimide hydrochloride (EDC) and N-hydroxysuccinimide (NHS) were purchased from Sigma-Aldrich. Salmonella Typhimurium, St (ATCC14028), Salmonella Enteritidis, Se (ATCC13076), Staphylococcus aureus, Sa (ATCC6538), Listeria monocytogenes, Lm (ATCC7644), Escherichia coli, Ec (ATCC8739) and Campylobacter jejuni, Cj (ATCC 29428) were purchased from American Type Culture Collection (Manassas, VA). Stock cultures of all strains except Cj were stored at -80°C in 20% glycerol solution. Prior to use, the frozen culture was activated in trypticase soy broth (TSB, Oxoid, Hampshire, UK) at 37°C with two consecutive transfers after 18±20h incubation periods. The culture was centrifuged at 10000 Xg for 10 min at 4°C and washed twice with trypticase soy broth. Cell suspensions were prepared and adjusted to an OD of 0.5 at 600 nm which is equivalent to 10⁸ cfu/ml. Then the cells were serially diluted in trypticase soy broth. Stock cultures of Cj were grown for 4 h at 37°C and then for 24-48 h at 42°C under microaerophilic conditions in Bolton broth media (Oxoid LTD, UK) in an anaerobe jar with an active catalyst and a microaerophilic gas generator pack. 10-fold serial dilutions were made in maximum recovery diluent (Oxoid LTD, UK) and the viable cell numbers of Cj were determined by surface plating on Columbia blood agars (Oxoid LTD, UK). Anti- monoclonal antibodies of St
and Se and Murine anti-Cj and rabbit polyclonal antibody of Sa were purchased from Biospecific (Emeryville, CA, USA).

Lactoferrin from camel milk was purchased from Monojo (Amman, Jordan). Blue, orange and green dye coated polymer nano-beads with less than 50 nm containing carboxylic acid functional groups were purchased from Bangs Laboratories Inc. (Warrington, USA). Carboxylic acid functionalized cobalt based magnetic nano-particles with 50 nm diameter were purchased from Turbo beads (Zurich, Switzerland). LAMP detection kits for Salmonella typhimurium, Salmonella enteritidis and Campylobacter jejuni were obtained from Eiken Chemicals Co. Ltd (Tokyo, Japan).

2.2 Procedures

2.2.1 Activation of cotton swabs

2.4 gm of sodium periodate (NaIO₄) and 1 ml of concentrated sulphuric acid (H₂SO₄) in 100 ml of water was mixed for 10 min. The cotton swabs were then immersed in the solution overnight to oxidize the hydroxyl groups. The oxidized cotton was then washed extensively with cold distilled water. FTIR was used to confirm the conversion of the hydroxyl groups to aldehyde. The appearance of characteristic peak at 1730 cm⁻¹ confirmed the formation of active aldehyde group on the cotton surface (Fig. S1 in supplementary information).

2.2.2. Immobilization of Lactoferrin on Cotton

The activated cotton was immersed in a solution of lactoferrin (40 µl, 50 ng/ml) and 2 ml of PBS buffer overnight at 4°C. After that, the lactoferrin-conjugated cotton swabs were washed extensively with PBS to remove the unbound lactoferrin. In order to block the unreacted active aldehyde groups, the cotton was incubated in 1ml of bovine serum albumin (BSA) for 30 min. The
cotton was then washed with PBS and stored in PBS at 4°C until further use. The control samples were prepared by using the same protocol except that the 1mg/ml BSA was used instead of the lactoferrin.

2.2.3 Immobilization of the antibodies on the nanobeads

1 ml of 50% polymer nanobeads slurry (blue, orange and green) or a suspension of black magnetic nanobeads were washed with PBS buffer and collected by centrifugation at 16000-18000 rpm for 10 min. The supernatants were removed and 1.5 ml of buffer was added for each beads. The washing step was repeated for three times. 500µl of the mixture of 1-ethyl-(3-dimethylaminopropyl) carbodiimide hydrochloride (EDC) and N-hydroxysuccinimide (NHS) solution were added to the 500 µl of the beads and mixed for 20 min at room temperature. The activated beads were washed with PBS for three times and suspended in 0.5 ml of PBS buffer. The beads were then incubated with 20 µl of specific antibodies for different bacteria overnight. Each colored beads correspond to certain bacteria strain (St, Se, Sa and Cj) specific antibodies were immobilized on black, blue, orange and green beads, respectively. After washing with PBS, 1mg/ml of BSA was incubated with the antibodies-immobilized beads to block the unreacted active sites on the beads.

2.2.4 Screening Procedure

The screening procedure consists of two steps, the first step is the bacteria capturing step and the second step is the sandwich formation with the secondary antibody for the color development as shown in Scheme 1. In the first step, the cotton-immobilized lactoferrin was swabbed over the contaminated chicken surfaces to capture the bacteria. The chicken meat was initially contaminated with St, Se, Sa and Cj bacteria cells and the number of the cells was determined by
cell counting. After 10 min, the cotton-immobilized lactoferrin-bacteria complex was washed with PBS buffer to remove the free cells from the cotton. In the second step (detection step), the bacteria were sandwiched between the lactoferrin and secondary detection antibody-conjugated nanobeads. The cotton swab lactoferrin-bacteria (cotton-LF-cell) complexes were immersed in a mixture of colored polymeric nanobeads and magnetic nanobeads linked with secondary antibodies in PBS buffer for 10 minutes. The cotton was then washed with PBS buffer to remove the unbounded beads. The color of the cotton swab indicates the specific bacterial stain present in the contaminated surfaces (Scheme 1).

2.2.5 Quantitative detection

The developed assay was intended to be used for visual observation of the colour change of the cotton swabs from white to colour via the naked eye. The intensity of the colour on the cotton swabs for the targeted bacteria was almost increased by increasing the bacteria concentrations from 10 cfu/mL to 10×10^8 cfu/mL for *Salmonella typhimurium, Salmonella enteritidis, Staphylococcus aureus and Campylobacter jejuni*. The images of the cotton swab were captured using smartphone. However, for quantitative measurements, the intensity of the colour was determined by using the Image J program developed at National Institute of Health after taking images for the cotton swabs using a smart phone. The calibration curves were plotted as the colour intensity for each bacteria concentration as a function of bacteria concentration.

2.2.6 Loop Mediated Isothermal Amplification

The lactoferrin-linked cotton swabs were used to collect the pathogens from artificially contaminated chicken surfaces with different concentrations of bacterial concentrations by swabbing. After 10 min, the DNA from the cells was extracted by dipping the contaminated cotton into extraction solution followed by incubation at 95°C for 5 min. The extract was dissolved in
Tris-HCl and centrifuge and the supernatant was used for the LAMP amplification. The master mix (consist of primer mix, dNTPs, buffer solution and template DNA) was prepared according to the suppliers protocol. 20 µl of master mix and 5 µl of sample solution, positive control or negative control +1 µl of hydroxy naphthol blue (HNB) dye are mixed in the reaction tubes and incubated at 60°C for 45 min in the heating block.

3. Results and Discussion

3.1 Sandwich colorimetric lactoferrin immunoassay

In this study, LF was used as a universal recognition receptor. Lactoferrin, was first conjugated to a cotton swab. The polyhydroxyl groups on the cellulose cotton were converted to active aldehyde groups using periodate oxidation. The formation of the aldehyde groups was further confirmed using FTIR by the appearance of characteristic peak at 1730 cm⁻¹ [23] (Fig. S1 in supplementary information). The LF was then immobilized on the cotton by the reaction of the amino groups from the LF molecules with the aldehyde group on the cotton.

Here, we detected St, Se, Sa and Cj as the most frequently reported pathogens responsible for foodborne illness. Taking advantage of the well established sandwich immunoassay format, this novel method utilizes the same principle using cotton swab as supporting matrix, LF as a capturing agent and various antibodies-conjugated colored nanobeads for detection as shown in scheme 1.

Swabbing the contaminated chicken surface with the LF immobilized cotton leads to capturing of the various pathogens. Then, the presence of particular bacteria strain is detected using specific antibody-conjugated colored nanobeads. Different antibodies were conjugated to different
colored nanobeads. Therefore, the appearance of certain color on the surface of the cotton indicates the presence of a particular bacterial strain.

Figure 1 shows the detection results for the different bacteria strains (St, Se, Sa and Cj) using the proposed colorimetric approach. The surface of the chicken was artificially contaminated with different concentration of bacteria cells. Then, the LF-cotton swabs were used to collect the different pathogen from the surface. After washing, the LF-bacteria complex was treated with different solutions of antibodies/colored beads. The unbound beads were then removed by washing with buffer or by passing the cotton swab over a magnetic sheet in the case of the magnetic particles. Figure 1A shows the gradual increase in the black colour on the LF/immunosensor with increasing the concentration of St on the chicken surface from 10 to 10⁸ cfu/ml. When the sample contains higher cell count, more cells were captured by the LF molecules on the cotton. This in turn leads to the attachment of higher number of beads increasing the color intensity. As shown in Figure 1B, 1C, 1D similar trend was observed for the detection of Se using the blue beads, Sa using the orange beads and Cj using the green beads. The limit of detections (LOD) of this colorimetric assay visually were 10 cfu/ml for St and Cj, 100 cfu/ml for Se and 100 cfu/ml for Sa on the chicken meat surface.

Figure 2 shows the calibration curves of our colorimetric assays for the different bacterial strains constructed by plotting the colour intensity determined using image J software versus the concentration. This method leads to accurate quantitative measurements and highly reproducible data with a relative standard deviations <5% as shown from the error bars.

These LODs is comparable and in some cases better than the other reported assays for the targeted bacterial strains. For instance, the visual LOD of St (10 cfu/ml) is significantly lower than other detection methods [1, 4, 6, 24]. A fluorescence- based aptasensor has shown a LOD of 100 cfu/ml
of St [25]. Recent approaches based on light scattering using immunomagnetic nanospheres and immunofluorescent nanospheres for the detection of St have achieved a LOD of 10 cfu/ml [26-27] which is comparable to the obtained LOD in this work. The reported LOD for Cj using the developed technique is also better that other reported electrochemical and mass-based immunosensors. Viswanathan et al [28] have developed an electrochemical immunosensors for the detection of multiple pathogens in the food using nanocrystal bio-conjugate and multiwalled carbon nanotube modified screen printed electrodes. The authors were able to detect as low as 400 cfu/ml of Cj in milk samples using this approach. Nanoparticles enhanced Quartz crystal microbalance (QCM)-based immunosensor for Cj was also reported achieving a LOD of 150 cfu/ml [29]. Song et al. [30] have achieved a LOD of 100 cfu/ml for Se detection using a FRET-based biosensor which is comparable with our visual LOD. Another fluorescence-based aptasensor on graphene oxide for Se has realised a LOD of 40 cfu/ml [31]. Using the quantitative measurements by the mobile camera, we can also detect around 40 cells. The other rapid detection methods for the detection of various food born pathogenic bacteria are summarized in the table 1.

For Sa, an aptamer-based biosensor employing single-walled carbon nanotubes (SWCNTs) as an ion-to-electron potentiometric transducer has been reported [32] with a LOD of 103 cfu/ml. Multiple pathogen (including Sa) detection method has been also reported using fluorescence sensor arrays [33]. Using the camera, the current approach can detect as low as 100 cells of Sa which is very good compared with other assays (Table-1). Highly sensitive methods with less than 10 cfu/ml have been reviewed recently [1, 6]. However, our cotton based-method is simpler, easier to perform, portable, lower cost which makes it more suitable for point of care applications. It also offers numerous possibilities for versatile applications of different pathogens. It can be particularly
useful in resource-constrained environments where sophisticated equipments is not always available.

3.2 *Selectivity experiments*

One of the main criteria of evaluating any sensor performance is the selectivity of the sensor for its specific target. In order to study the selectivity of our colorimetric LF-immunosensor, four LF-cotton swabs were treated individually with *St*, *Se*, *Sa* and *Cj* and each cotton swab was further incubated with different coloured antibody-conjugated beads. Only the cotton treated with the specific bacterial strain developed the corresponding color as shown in Figure 3. These results confirm the selectivity of our assay. No significant change in the cotton was observed when the sensor was immersed in the nonspecific beads indicating that the non specific adsorption on the sensors was very low.

3.3 *loop-mediated isothermal amplification*

LAMP method was used to validate the developed detection technique. The cotton swabs were used to collect certain bacteria cells from artificially contaminated surfaces. After the cells were recovered from the cotton in buffer, the DNA was extracted from the bacteria and subjected to LAMP assay. As shown in Fig. 4A, the color change from violet to sky blue indicates the presence of the target gene of specific pathogenic bacteria. The amplification of DNA by LAMP was also confirmed by running 2% agarose gel electrophoresis as shown in Fig 4B. The same sample was then measured with our assay and the results were in good agreement with the LAMP assay.
Conclusions

In this work, an equipment-free quantitative method for bacteria has been developed. The biosensor utilises cotton-swabs for collecting the bacteria and preconcentration, as well as supporting matrix for the sensing and lactoferrin as a capturing agent. Sandwich immunoassay was employed using various colored nanobeads. The new lactoferrin-immunosensor was used for the detection of *Salmonella Typhimurium, Salmonella Enteritidis, Staphylococcus aureus* and *Campylobacter jejuni* on chicken meat surface. The assays were further confirmed by the LAMP amplification assay. The results indicate that the developed method can be applied not only for qualitative determination, but also for semi quantitative detection. The method has achieved good sensitivity and selectivity for the targeted bacteria. Therefore, this simple, equipment-free, cost-efficient, portable and user-friendly method holds great potential for various point-of-care applications particularly in remote settings.
References


Figure Captions

**Scheme 1:** Schematic diagram of the lactoferrin-immunosensor for screening pathogenic bacteria.

**Fig. 1.** Screening results of different concentrations (10 to $10^8$ cfu/ml) of *Salmonella typhimurium*, *Salmonella enteritidis*, *Staphylococcus aureus* and *campylobacter jejuni*.

**Fig. 2** Calibration curves of the different bacteria using the colorimetric method; a plot of the colour intensity versus logarithm of the bacteria cell concentration.

**Fig. 3.** The cross-reactivity study of the colorimetric assay for the sample collected: A) *St*, B) *Se*, C) *Sa* and D) *Cj* against *St*, *Se*, *Sa*, *Cj* and *E. coli*.

**Fig. 4** LAMP confirmation test for *Cj*. The LAMP product visualized by colour change of the dye (B) as well as the bands observed in agarose gel electrophoresis (B). The change in the color of the HMB dye from purple to blue indicates the amplification of the specific gene.
Table 1: Comparative analysis of rapid detection methods of various foodborne pathogenic bacteria.

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Scheme 1:
Fig. 1:

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Fig. 3:

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Fig. 4

A

B

-ve +ve $10^8$ $10^7$ $10^6$ $10^5$ $10^4$ $10^3$ $10^2$ 10

ladder -ve +ve $10^7$ $10^6$ $10^5$ $10^4$ $10^2$ 10