Active and Independent Living Improvement Programme

National Life Curve Survey

Awareness Session
AILIP VISION

AHPs will work in partnership with the people of Scotland to enable them to live healthy, active, and independent lives, by supporting personal outcomes for Health and Well Being.

H&SC DELIVERY PLAN

Our aim is a Scotland with high quality services that have a focus on prevention, early intervention and supported self management.
How we got here........

• 20+ events from Sept ‘15 – Jan ‘16
• >1000 stakeholders
• Delegates from:
  • Service Users and Carer Groups
  • Third Sector
  • Education
  • Health
  • Social Care
  • Fire Service
  • Police
  • Ambulance
  • Housing
VISION
“Allied Health Professionals will work in partnership with the people of Scotland to enable them to live healthy, active and independent lives by supporting personal outcomes for health and wellbeing”

AMBITIONS
• AHPs promoting Health & Well Being and early intervention
• AHP Services are easily accessible
• All stakeholders are aware of AHP Services
• AHPs working in Partnership
• AHPs delivering excellence through research and innovation
• AHP Workforce equipped to contribute to future health and social care requirements of population

What matters to YOU as an individual to keep you healthy, active and independent?
< 3000 responses

Thinking of what AHPs could do in Health and Social Care in the future what should we focus on to make services the best they can be?
< 3000 responses

Thinking of what AHPs could do in Health and Social Care in the future what should we focus on first?
< 2000 responses

Plus 1000+ responses via online survey
Scottish Social Work Vision and Strategy 2020
Key Themes from Occupational Therapy Engagement Events 2016

- **Leadership**
  - Local and National

- **Workforce**
  - Effective Utilisation of Occupational Therapy Workforce
  - Career Pathways
  - Training and Development

- **Service Quality and Performance**
  - Measuring Impact
  - More effective use of staff for early intervention and rehabilitation

- **Improving Use of Evidence**
  - Access to best practice
  - Use of evidence based practice
  - Opportunities to participate in research

- **Promoting Public Understanding**

Source SSSC 2015 figures (total 614)
# Programme Priorities 2016-18

## Well Being
- Promote a Personal Outcomes approach across all AHP services
- Promote physical activity to support well-being
- Promote Early Intervention/Prevention and Self Management

## Children & Young People (CYP)
- Deliver on Ready to Act ambitions

## Vocational Rehabilitation (VR)
- Align work to the Health, Disability & Employment project in SG
- Drive implementation of AHP Fit Note

## Musculoskeletal Programme (MSK)
- Utilising technology to support access and care allocation
- Enhance approaches to self management and well being

## Falls and Frailty
- Support full implementation of the Framework for Action 2016-20
- Partner with HSCP to drive falls/frailty

## Anticipatory Care (AC)
- Create Pathways to facilitate AC planning
- Support AHP workforce to have "good conversations"

## Dementia
- Deliver on AHP Connecting People Connecting Support Policy
- Increase awareness of contribution to living well with dementia

## Operational Measures / Workforce Tool
- Full Role out of Operational Measures
- AHP workforce workload measurement tool
How do we find out where we currently are intervening?

Within the AHP Active and Independent Living Improvement Programme (AILIP) we are planning to undertake a national survey to find out what stage AHP staff are intervening in peoples’ Health and Well Being journey as measured by the ‘Lifecurve’.

- All Boards and Partnerships
- All Adult AHPs working in Adult Services
- All Registered and Non-Registered Staff
- A representative sample of people who attend our services
National Lifecurve Survey and Costs

• Survey will allow us to map people on their Lifecurve.

• We will have permission (securely and confidential) to examine health and social care activity.

• Life curve will include utilisation and resource use at various points.

• Will allow us to analyse if early intervention and prevention can not only lead to improved outcomes but impact on service use and resource.

• Scotland unique to be able to do this with data.
Lifecurve and mental health

- 1:4 people
- Increase in reporting/incidence for young people
- Decline of physical skills - impact on emotional state
- People within mental health services die 15 – 20 years younger.
- Rights based issues – not just behavioural change
  - Loneliness
  - Community
  - Social support
- “people who felt that their GP did not take their physical health complaints seriously because they had a mental health problem”
Why the Life Curve?

*Based on continuing research carried out at the Newcastle University Institute for Ageing*
Effect of Structured Physical Activity on Prevention of Major Mobility Disability in Older Adults (The LIFE Study Randomized Clinical Trial)

817 given a health education programme

818 given a specific exercise programme

could walk 400 yards for at least 2.6 years longer

Why the Life Curve?
What is the governance behind this exercise?

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Format</th>
<th>Progress</th>
<th>Update</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ensure we have permissions to link the CHI data to other H&amp;SC Data Sources</td>
<td>Have approval by the Public Benefit &amp; Privacy Panel (PBPP)</td>
<td>Form submitted to March Panel Meeting</td>
<td>Second Submission with minor changes made March</td>
</tr>
<tr>
<td>Ensure all service user information is kept confidential and anonymous</td>
<td>Privacy Impact Assessment</td>
<td>Form submitted to March Panel Meeting</td>
<td>Second Submission with minor changes made March</td>
</tr>
<tr>
<td>Ensure we have service user consent</td>
<td>Patient Consent and Information Forms</td>
<td>Form submitted to March Panel Meeting</td>
<td>Panel satisfied with Survey Docs</td>
</tr>
</tbody>
</table>
What will the data collection process be?

Boards & Partnerships
- Deliver all Surveys to Strathclyde Uni
  - 2 weeks

Strathclyde University
- Input all survey results into electronic system
- Generate a unique Identifier for each survey response
- Send ISD Data Set containing CHI and Unique Identifier only
- Delete CHI from all data sets
- Store all consent form for XX years
  - 4 weeks

ISD
- Link CHI data to SOURCE data
  - 8 weeks

Scottish Government
- Send Scot Gov. unit level cost information plus unique identifier
- Link cost data with survey response data using unique identifier and undertake analysis
  - 8 weeks

06/11/2019
Active and Independent Living Improvement Programme
Questions?

For more information contact us at ailip@info.nhs.net

Find all information about AILIP and the Lifecurve Survey on http://www.knowledge.scot.nhs.uk/ahpcommunity.aspx