

Active and Independent Living Improvement Programme

National Life Curve Survey

Awareness Session

Policy Alignment

AILIP VISION

AHPs will work in partnership with the people of Scotland to enable them to live healthy, active, and independent lives, by supporting personal outcomes for Health and Well Being.

H&SC DELIVERY PLAN

Our aim is a Scotland with high quality services that have a focus on prevention, early intervention and supported self management.



How we got here.....

- 20+ events from Sept '15 – Jan '16
- >1000 stakeholders
- Delegates from:
 - Service Users and Carer Groups
 - Third Sector
 - Education
 - Health
 - Social Care
 - Fire Service
 - Police
 - Ambulance
 - Housing



VISION

“Allied Health Professionals will work in partnership with the people of Scotland to enable them to live healthy, active and independent lives by supporting personal outcomes for health and wellbeing”

What matters to YOU as an individual to keep you healthy, active and independent?

< 3000 responses

Thinking of what AHPs could do in Health and Social Care in the future what should we focus on to make services the best they can be? < 3000 responses

Thinking of what AHPs could do in Health and Social Care in the future what should we focus on first?

< 2000 responses

Plus 1000+ responses via online survey

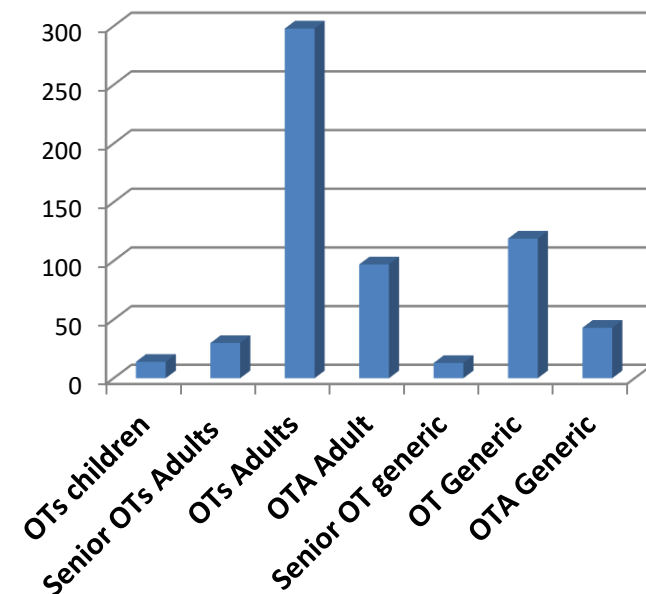
AMBITIONS

- AHPs promoting Health & Well Being and early intervention
- AHP Services are easily accessible
- All stakeholders are aware of AHP Services
- AHPs working in Partnership
- AHPs delivering excellence through research and innovation
- AHP Workforce equipped to contribute to future health and social care requirements of population

Scottish Social Work Vision and Strategy 2020

Key Themes from Occupational Therapy Engagement Events 2016

- **Leadership**
 - Local and National
- **Workforce**
 - Effective Utilisation of Occupational Therapy Workforce
 - Career Pathways
 - Training and Development
- **Service Quality and Performance**
 - Measuring Impact
 - More effective use of staff for early intervention and rehabilitation
- **Improving Use of Evidence**
 - Access to best practice
 - Use of evidence based practice
 - Opportunities to participate in research
- **Promoting Public Understanding**



Source SSSC 2015 figures (total 614)

How we got here.....

Programme Priorities 2016-18

Well Being

- Promote a Personal Outcomes approach across all AHP services
- Promote physical activity to support well being
- Promote mental health and wellbeing
- Support people to live independently

Children

- Deliver on AHP Connecting People Connecting

Vocational

- Align AHP services with the Employment project in 2016
- Drive implementation of AHP Fit Note

Musculoskeletal Programme (MSK)

- Utilising technology to support access and care allocation
- Enhance approaches to self management and well being

Falls and Frailty

- Support full implementation of the Framework for Action 2016-20
- Partner with HSCP to drive falls/frailty

Prevention / Early Intervention

- Deliver on AHP Connecting People Connecting Support Policy
- Increase awareness of contribution to living well with dementia

Operational Measures / Workforce Tool

- Full Role out of Operational Measures
- AHP workforce workload measurement tool

How do we find out where we currently are intervening?

Within the AHP Active and Independent Living Improvement Programme (AILIP) we are planning to undertake a national survey to find out what stage AHP staff are intervening in peoples' Health and Well Being journey as measured by the 'Lifecurve'.



- ✓ All Boards and Partnerships
- ✓ All Adult AHPs working in Adult Services
- ✓ All Registered and Non-Registered Staff
- ✓ A representative sample of people who attend our services

**IT'S NEVER
BEEN DONE
BEFORE**

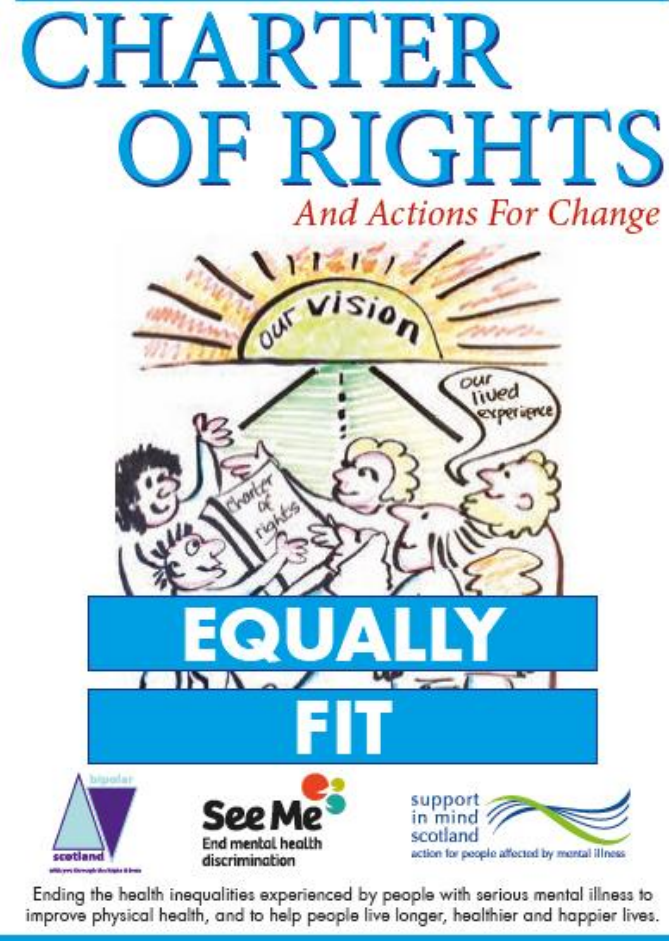
National Lifecurve Survey and Costs



- Survey will allow us to map people on their Lifecurve.
- We will have permission (securely and confidential) to examine health and social care activity.
- Life curve will include utilisation and resource use at various points.
- **Will allow us to analyse if early intervention and prevention can not only lead to improved outcomes but impact on service use and resource.**
- Scotland unique to be able to do this with data.

Lifecurve and mental health

- 1:4 people
- Increase in reporting/incidence for young people
- Decline of physical skills - impact on emotional state
- People within mental health services die 15 – 20 years younger.
- Rights based issues – not just behavioural change
 - Loneliness
 - Community
 - Social support
- “people who felt that their GP did not take their physical health complaints seriously because they had a mental health problem”



CHARTER OF RIGHTS
And Actions For Change

OUR vision

our lived experience

EQUALLY FIT

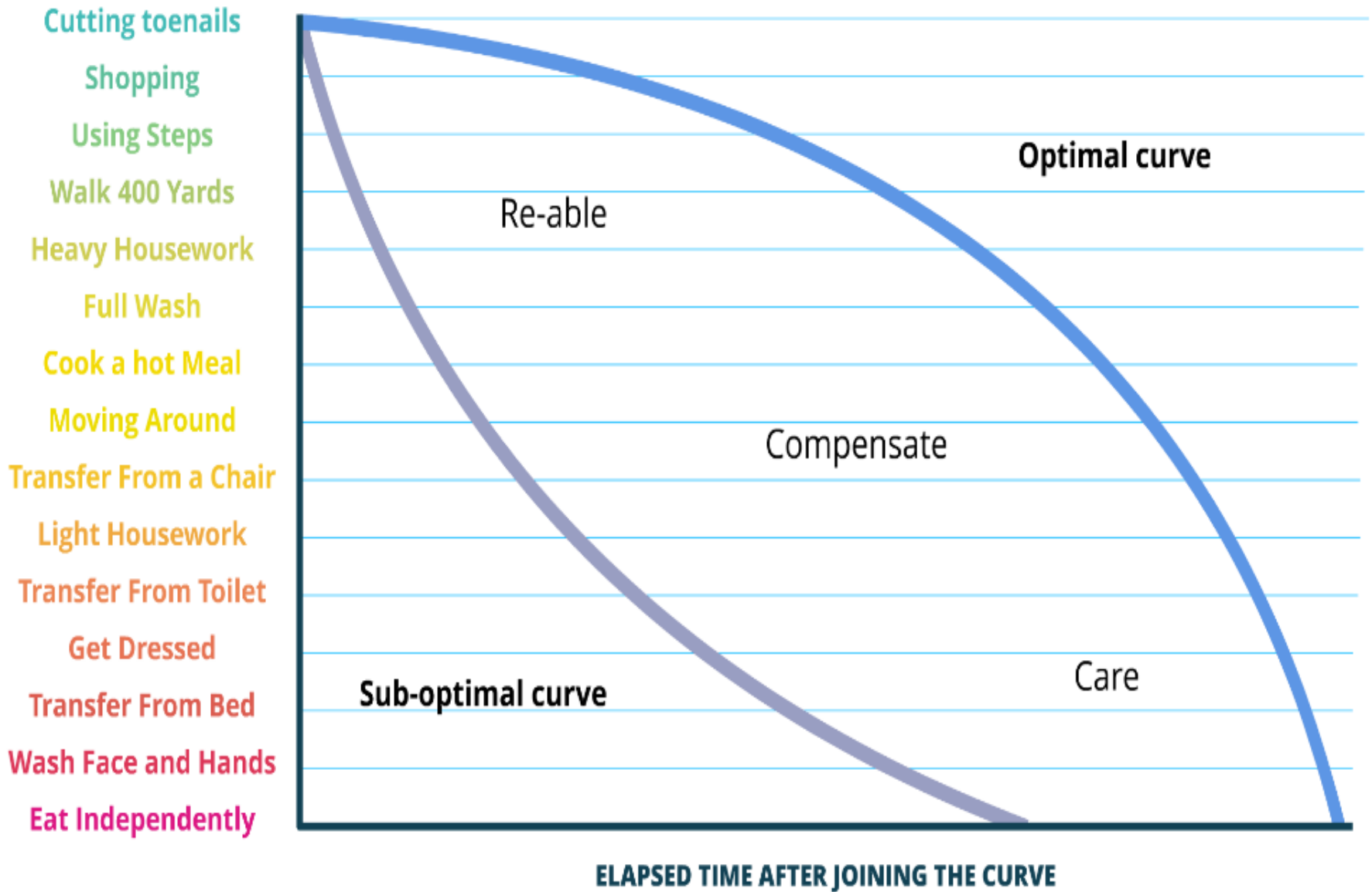
scotland
with you through disability & time

See Me
End mental health discrimination

support in mind
scotland
action for people affected by mental illness

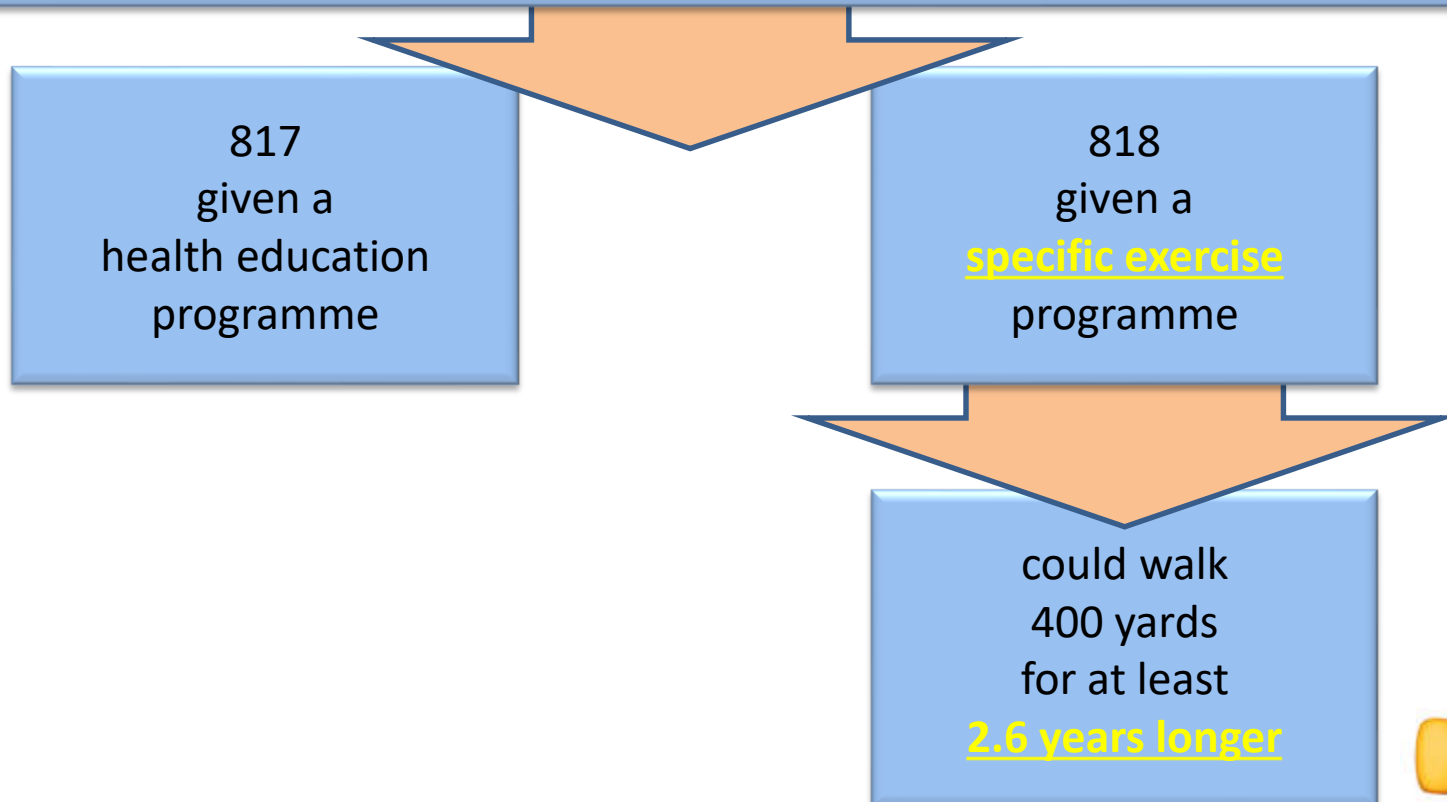
Ending the health inequalities experienced by people with serious mental illness to improve physical health, and to help people live longer, healthier and happier lives.

*Based on continuing research carried out at the Newcastle University Institute for Ageing



Why the Life Curve?

Effect of Structured Physical Activity on Prevention of Major Mobility Disability in Older Adults (The LIFE Study Randomized Clinical Trial)

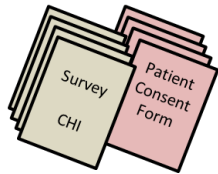


What is the governance behind this exercise?

Requirement	Format	Progress	Update
Ensure we have permissions to link the CHI data to other H&SC Data Sources	Have approval by the Public Benefit & Privacy Panel (PBPP)	Form submitted to March Panel Meeting	Second Submission with minor changes made March
Ensure all service user information is kept confidential and anonymous	Privacy Impact Assessment	Form submitted to March Panel Meeting	Second Submission with minor changes made March
Ensure we have service user consent	Patient Consent and Information Forms	Form submitted to March Panel Meeting	Panel satisfied with Survey Docs

What will the data collection process be?

Boards & Partnerships



Deliver all Surveys to Strathclyde Uni

← 2 weeks →

Strathclyde University



Input all survey results into electronic system



Generate a unique Identifier for each **survey response**



Send ISD Data Set **containing** CHI and Unique Identifier **only**



Delete CHI from all data sets



Store all consent form for XX years

← 4 weeks →

ISD



Link CHI data to **SOURCE data**



Send Scot Gov. **unit level cost information plus unique identifier**

← 8 weeks →

Scottish Government



Link cost data with **survey response data** using **unique identifier** and **undertake analysis**

Questions?



For more information contact us at
ailip@info.nhs.net

Find all information about AILIP and the
Lifecurve Survey on
<http://www.knowledge.scot.nhs.uk/ahpcommunity.aspx>